

REBEL RUNNERS - MEDWAY

CHRISTMAS NEWSLETTER

RECENT ACTIVITIES:

Well we've had a great year and last night was our last run of the year! It was lovely to see everyone. Keep checking our calendar and FB events for next year's sessions. We resume on Wednesday 2nd January for our first team run of the year.

Parkbench to parkrun This free, beginners programme is starting on January 5th at Great Lines. Please encourage your family and friends to come along and join in! Special thanks to all those giving up their time to help.

Coach update: We have a new Coach on the way! Gareth is going to be our 3rd coach and starts his course in 2019.

Prize winners: Congratulations to Karl Grimble who won the Christmas lottery & Chris Gower & Lesley Doran, who won 2nd and 3rd prizes. Our next jumbo lotto board will be at Easter.

EVENT UPDATE

It's been a busy few weeks here at RR and it all started with our Annual General Meeting at The St George Hotel. This was a roaring success with 79 of you attending and making it a night to remember. We had speeches, reports, announcements, 'thank yous', prizes, awards, lotto, drinking and, last but not least, our 2019 London Marathon Draw! This year the club secured 3 places to allocate to members and we did this via our ballot. The lucky winners were Amanda Harrison, Steve Taylor and Adrian Drew. Congrats to you 3 and we will see you on the big day!



Our Christmas party at the King Charles Hotel was also a grand event. 70 Rebels and some partners boogied into the night in Brompton. Well done to Cheryl for organising and Merry Christmas to you all!

MEMBERSHIP UPDATE

Current membership now stands at 344

TEAM RUN STATS:

Average attendance at team runs during December was 34 (43 on Mondays and 25 on Wednesdays).

PARKRUN STATS: During December we completed 147 parkruns and Rebels were present at 25 different locations including Cardiff and Northallerton for a Rebel wedding!